

表 3 地区別身長・体重・

| 身長 | | (cm) | | | | | | | | |
|----|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 区分 | | 6歳 | 7歳 | 8歳 | 9歳 | 10歳 | 11歳 | 12歳 | 13歳 | 14歳 |
| 男 | 国頭 | 115.1 | 120.6 | 126.2 | 132.1 | 137.5 | 143.5 | 151.5 | 157.9 | 163.7 |
| | 中頭 | 115.2 | 121.1 | 126.9 | 132.1 | 137.6 | 143.9 | 151.5 | 158.8 | 163.7 |
| | 那覇 | 116.0 | 121.4 | 127.1 | 132.3 | 138.0 | 144.1 | 151.8 | 158.6 | 164.1 |
| | 島尻 | 115.8 | 121.4 | 127.2 | 132.2 | 137.7 | 143.7 | 151.6 | 159.0 | 164.0 |
| | 宮古 | 115.5 | 121.5 | 127.5 | 133.2 | 139.4 | 144.6 | 152.7 | 159.7 | 165.5 |
| | 八重山 | 116.0 | 121.8 | 127.2 | 132.6 | 138.2 | 144.1 | 151.8 | 158.4 | 165.1 |
| | 沖縄 | 115.6 | 121.3 | 127.0 | 132.2 | 137.8 | 143.9 | 151.7 | 158.2 | 164.0 |
| | 全国 | 116.6 | 122.4 | 128.2 | 133.6 | 139.0 | 145.0 | 152.3 | 159.5 | 165.0 |
| 女 | 国頭 | 114.4 | 120.1 | 126.1 | 132.6 | 139.4 | 146.1 | 150.4 | 153.2 | 154.3 |
| | 中頭 | 114.8 | 120.4 | 126.5 | 132.9 | 139.6 | 145.9 | 150.8 | 153.2 | 154.5 |
| | 那覇 | 115.1 | 121.0 | 127.0 | 133.2 | 140.0 | 146.7 | 151.3 | 153.8 | 154.9 |
| | 島尻 | 115.1 | 120.8 | 126.6 | 133.3 | 139.7 | 146.6 | 151.1 | 153.7 | 154.9 |
| | 宮古 | 115.1 | 121.1 | 127.6 | 133.2 | 140.0 | 146.7 | 151.4 | 153.9 | 155.8 |
| | 八重山 | 115.1 | 121.3 | 127.2 | 133.0 | 140.6 | 146.7 | 151.5 | 154.0 | 155.7 |
| | 沖縄 | 115.0 | 120.7 | 126.7 | 133.0 | 139.8 | 146.4 | 151.0 | 153.5 | 154.8 |
| | 全国 | 115.6 | 121.6 | 127.3 | 133.6 | 140.1 | 146.8 | 151.8 | 154.8 | 156.5 |

| 体重 | | (kg) | | | | | | | | |
|----|-----|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 区分 | | 6歳 | 7歳 | 8歳 | 9歳 | 10歳 | 11歳 | 12歳 | 13歳 | 14歳 |
| 男 | 国頭 | 21.3 | 23.5 | 26.6 | 30.3 | 33.9 | 38.2 | 44.2 | 48.7 | 54.6 |
| | 中頭 | 21.1 | 23.7 | 26.8 | 29.9 | 33.9 | 38.1 | 43.8 | 49.0 | 53.4 |
| | 那覇 | 21.1 | 23.7 | 26.8 | 30.1 | 33.7 | 38.0 | 43.9 | 49.2 | 54.2 |
| | 島尻 | 21.2 | 23.9 | 26.9 | 30.0 | 33.7 | 37.9 | 43.6 | 48.7 | 53.5 |
| | 宮古 | 21.7 | 24.5 | 28.1 | 32.3 | 36.8 | 39.8 | 46.6 | 52.6 | 57.5 |
| | 八重山 | 21.5 | 24.6 | 27.6 | 31.2 | 35.2 | 39.4 | 45.7 | 49.3 | 56.7 |
| | 沖縄 | 21.2 | 23.8 | 26.9 | 30.1 | 34.0 | 38.2 | 44.0 | 49.1 | 54.1 |
| | 全国 | 21.3 | 23.9 | 27.1 | 30.4 | 34.3 | 38.3 | 43.9 | 48.8 | 54.0 |
| 女 | 国頭 | 20.7 | 23.2 | 26.5 | 30.1 | 34.7 | 40.3 | 44.4 | 48.1 | 49.9 |
| | 中頭 | 20.8 | 23.2 | 26.3 | 30.3 | 34.5 | 39.4 | 44.2 | 47.2 | 49.4 |
| | 那覇 | 20.9 | 23.5 | 26.7 | 30.2 | 34.6 | 39.6 | 44.6 | 47.3 | 49.8 |
| | 島尻 | 20.9 | 23.3 | 26.4 | 30.1 | 34.1 | 39.6 | 44.1 | 46.8 | 49.1 |
| | 宮古 | 21.3 | 23.9 | 28.0 | 31.4 | 36.3 | 41.5 | 45.9 | 49.6 | 51.8 |
| | 八重山 | 21.5 | 23.6 | 27.2 | 30.6 | 35.8 | 40.8 | 46.5 | 49.0 | 51.6 |
| | 沖縄 | 20.9 | 23.4 | 26.6 | 30.3 | 34.6 | 39.7 | 44.5 | 47.4 | 49.7 |
| | 全国 | 20.9 | 23.5 | 26.4 | 30.0 | 34.0 | 39.0 | 43.7 | 47.1 | 49.9 |

座高の平均値

座高

(cm)

| 区分 | | 6歳 | 7歳 | 8歳 | 9歳 | 10歳 | 11歳 | 12歳 | 13歳 | 14歳 |
|----|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 男 | 国頭 | 64.1 | 66.7 | 69.3 | 71.9 | 74.2 | 76.8 | 81.1 | 84.5 | 87.9 |
| | 中頭 | 64.2 | 67.0 | 69.6 | 71.8 | 74.3 | 77.0 | 80.9 | 84.7 | 87.6 |
| | 那覇 | 64.6 | 67.3 | 69.7 | 72.0 | 74.4 | 77.1 | 81.1 | 84.5 | 87.8 |
| | 島尻 | 64.4 | 67.0 | 69.7 | 71.8 | 74.2 | 76.8 | 81.1 | 84.7 | 87.5 |
| | 宮古 | 64.6 | 67.5 | 70.2 | 72.6 | 75.4 | 78.0 | 81.3 | 85.3 | 88.5 |
| | 八重山 | 64.9 | 67.2 | 69.9 | 72.4 | 74.5 | 85.0 | 81.3 | 84.6 | 88.3 |
| | 沖縄 | 64.4 | 67.1 | 69.7 | 71.9 | 74.3 | 77.3 | 81.0 | 84.6 | 87.7 |
| | 全国 | 64.8 | 67.6 | 70.2 | 72.6 | 75.0 | 77.6 | 81.2 | 84.8 | 88.1 |
| 女 | 国頭 | 63.8 | 66.5 | 69.1 | 72.2 | 75.6 | 79.1 | 81.4 | 83.3 | 84.0 |
| | 中頭 | 64.0 | 66.7 | 69.5 | 72.3 | 75.6 | 78.9 | 81.7 | 83.1 | 84.0 |
| | 那覇 | 64.3 | 67.0 | 69.8 | 72.6 | 75.8 | 79.2 | 81.8 | 83.3 | 84.3 |
| | 島尻 | 64.1 | 66.8 | 69.5 | 72.6 | 75.5 | 79.0 | 82.1 | 83.3 | 84.1 |
| | 宮古 | 64.4 | 67.4 | 70.3 | 72.6 | 75.8 | 79.6 | 82.1 | 83.4 | 84.5 |
| | 八重山 | 64.5 | 67.1 | 69.9 | 72.5 | 76.1 | 79.3 | 82.3 | 83.5 | 84.5 |
| | 沖縄 | 64.1 | 66.8 | 69.6 | 72.5 | 75.7 | 79.1 | 81.8 | 83.2 | 84.1 |
| | 全国 | 64.4 | 67.3 | 69.9 | 72.8 | 75.8 | 79.3 | 82.1 | 83.8 | 84.9 |